



**SAFETY CENTER**  
INCORPORATED®

# INSIDE SAFETY

**December 2008**

**VOLUME 23 NUMBER 11**

## Safety Center 14<sup>th</sup> Annual Occupational & Regulatory Symposium Coming Soon: Safe Employees Create A Happy Ending!



You are the director of the safety training for your company and, like in a good movie, you want a happy ending. The 14<sup>th</sup> Annual Occupational and Regulatory Symposium on Safety and Health is slated for February 5, 2009, and is geared to give the attendee the tools to reduce recordable incidents, increase the bottom line, improve performance....and have a happy ending.

This year we will be offering an all new supervisors track. The morning breakout session, presented by Safety Center's Bruce Anderson, will be "Safety & the Supervisor, It's Up to You to Make it Work." Then, after the award lunch, each participant will have the opportunity to attend four out of six half-hour mini-sessions covering: Proper PPE (Respirators), Nail Gun Safety, Lockout/Tagout Awareness, Fall Protection Awareness, Electrical Safety, and Confined Space Awareness.

Another new element this year will be two afternoon sessions designed just for Professional Safety Institute Safety Manage-

ment Specialist graduates. In 2009, Safety Center will inaugurate its new Certified Safety Management Specialist (CSMS) designation, given to graduates who pass a four-hour comprehensive certification exam. These two sessions will provide an overview/review of the four certificate programs offered under the Professional Safety Institute in preparation for taking the exam. A Review Manual will be available for purchase and will be required for all participants in these sessions.

Starting the symposium, the Cal/OSHA Consultation team will provide participants with a regulatory overview. They will update the audience about the recent heat standards, discuss any new regulations and make some projections about what new regulations might be on the horizon.

Morning breakout sessions are "VPP – What is It? What Does It Do For You? How Do You Get It?" with panelists from E & J Gallo Winery, Monsanto, McCarthy Construction plus Cal/OSHA Consultation's Mike Alvarez; "Accident Investigation Process;" and "Effective Safety Training for Adults."

Afternoon sessions are "Nuts & Bolts of Ergonomics in Industry," "Training a Non-English Speaking Workforce;" "Workers' Compensation 2009 (Everything is Beautiful! Or Not?);" and "Some *Don't* Like it Hot (Heat Stress)."

Look for the next edition of *Inside Safety* for more about these sessions, presented by top instructors in the industry, that will take your training program to the next level and help increase your bottom line.

**75 Years**  
Of Promoting Lifelong Safety & Health

## Now This Is A Safety Training Class!

Five safety trainers are leading a practice training session: They begin by showing the first 3 minutes of the movie, "Flight 93." The movie stops and the five trainers act out a hostage situation. One trainer plays the hostage while held by another with a play gun. The other three react to the situation, two doing it wrong and one doing it right.

Then as quickly as it began, the simulated crisis is over and the five trainers begin a discussion with the students, asking what they did right and what they did wrong. The students are given a handout with the steps to follow if they are ever in this situation. The students are riveted and will never forget what they were taught.

This is an example of what students prepare and practice during the *How to Conduct Training Programs and Presentations* workshop, which I teach for the Safety Center.

Although your safety training does not need to be this dramatic to be effective, it does need to be engaging and interactive for the students to listen and learn. I call it experiential training. It works very well for the subject of safety.

If you are not creating this kind of rich learning experience for your employees, they may not get the importance of what you teach. And we know that effective safety training can influence someone living instead of dieing or someone just preventing an accident and injury.

Join me February 5, 2009, at the Safety Center Symposium and learn how to make your training more experiential.

Katherine Abbott, founder of Abbott Communications, specializes in training subject matter experts how to be more effective trainers and speakers. You can learn more about her and her company at [www.abbottcom.com](http://www.abbottcom.com).

[www.safetycenter.org](http://www.safetycenter.org)

# SAFETYVILLE USA . . . . .

Is a unique safety skills learning center for children pre-school - third grade. Safetyville USA offers a 1-hour tour to groups of 10 or more children at a very reasonable cost of \$2 per person. The one -hour tour includes:

- \* Pedestrian Safety
- \* Safe Strangers
- \* Fire Safety
- \* Animal Safety
- \* 911 Training
- \* Electrical Safety
- \* Railroad Track Safety

Bus transportation is an issue for many at risk schools. Our "Adopt-A-Class" program offers businesses the opportunity to sponsor a class, approximately 60 children, (school of your choice) by paying the bus transportation of \$400. Call Pamela Gates at (916) 438-3357 or e-mail at [pamela@safetycenter.org](mailto:pamela@safetycenter.org).



## Southern CA Happenings

### Ask Gayleen

#### "GRAVITY...DEFY IT!"

**Presenter: Bryan Reed, MILLER Fall Protection**

Anyone who uses Fall Protection in the course of their employment, or supervises the use of Fall Protection should not miss this meeting.

#### DECEMBER 16, 2008 BREAKFAST MEETING

**7:30 am-9:00 am  
11200 Baseline Road,  
Rancho Cucamonga**

**TOY DRIVE for Inland Empire Boys & Girls Club. bring toys and clothes for the donation box.**

**Southern California Branch Office  
111 S. Spring Street  
Claremont, CA 91711  
(909) 625-9650**

## Members

*Only*

### Welcome New Members!

David W. Olney - ICF Jones & Stokes  
Southwest Water - Mountain House  
UC Irvine - Env. Health & Safety  
Safework Incorporated  
Neal Horther - Gas & Air Systems, Inc.

### Member of the Month Bell Carter Olive Company

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## Open Enrollment December 2008, January & February 2009

December 2008		Mem	Non				
1-2	2-Day Express Counterbalanced Forklift Trainer Certification (Southern CA)	\$ 945	\$ 995	22	Cal/OSHA 8 Commercial Construction	100	150
1-2	Defensive Driving Course 4-Hour Instructor	310	365	26-27	2-Day Express Counterbalanced Forklift Trainer (Southern CA)	945	995
1-4	Aerial Lift Instructor	1,200	1,250	28	Work Zone Safety (TTC & Flagging)	75	95
8-9	2-Day Express Counterbalanced Forklift Trainer Certification	945	995	29	Competent Person Fall Protection	130	155
9	Controlling Risk	230	265	30	Competent Person Excavation	130	155
9-10	Cal/OSHA-8 Residential Framing TTT	650	725	<b>February 2009</b>			
10	Making Safety Performance Matter	230	265			<b>Mem</b>	<b>Non</b>
10	Trainer Upgrade-Rough Terrain Forklift Telehandler	445	495	2	Implementing a HazCom Program (Southern CA)	\$ 130	155
10-11	First Aid/CPR Instructor Program(Southern CA)	385	435	5	Occupational & Regulatory Symposium	225	240
11	IVES Instructor Recertification	230	250	9	MEDIC First Aid/CPR	60	75
11	Solving Safety Problems	230	265	9-12	Aerial Lift Trainer Certification	1,200	1,250
12	Defensive Driving Course 4-Hour	50	65	10	WorkZone Safety (TTC & Flagging) (Southern CA)	75	95
15-17	Confined Space Entry/Rescue	450	525	10	Establishing a Successful Safety Program	230	265
17	Competent Person Excavation	130	155	11	Industrial Hygiene	230	265
<b>January 2009</b>				12	Selling Safety	230	265
		<b>Mem</b>	<b>Non</b>	13	Industrial Hygiene (Southern CA)	230	265
8	First Aid/CPR	55	70	17-19	Cal/OSHA-8 Construction TTT	695	765
12-13	2-Day Express Counterbalanced Forklift Trainer Certification	945	995	19	Competent Person Fall Protection (Southern CA)	130	155
21	4-hr Fall Protection (Southern CA)	75	95	20	Competent Person Excavation	130	155
				23-26	4-Day Premium Forklift Trainer Certification	1,200	1,250
				27	Defensive Driving Course 4-Hour	50	65
				27	IVES Trainer Recertification	230	265

All courses are held at Safety Center's Sacramento Campus, 3909 Bradshaw Road, Sacramento, CA 95827 except those noted with (Southern CA)" for Southern California courses. Please contact Gayleen Grigoreas, (909) 625-9650, to enroll in Southern California courses.