



SAFETY CENTER
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Workplace Violence

Workplace violence is a growing danger for workers and employers. Workplace violence incidents are not limited to historically high crime areas. In recent years, violent incidents have occurred at workplaces in industrial settings, in office complexes and all types of businesses. According to the National Crime Victimization Survey (NCVS), 2 million assaults and threats of violence against Americans at work occur annually.

It is very likely that the perpetrator of workplace violence will be known. Disgruntled employees, laid off workers and domestic partner violence affect workplaces all over the United States. Recent dramatic economic shifts have put increasing pressures on many workers, increasing the risk of workplace violence incidents occurring nationwide.

Employers can help protect their workers by creating and effectively implementing a workplace violence protection plan. Having a clear, concise and simple plan of action that is practiced on a regular basis increases the chance that employees encountering a violent situation at the workplace will be more able to react in a meaningful and safe way. An established plan of action decreases overall risk of death and injury to employees.



Developing an effective workplace violence prevention program is an essential part of being a compliant and responsible employer. There are many resources available to help employers including: the Federal OSHA website (www.osha.gov), the CalOSHA website (www.dir.ca.gov), the Center for

Disease Control (www.cdc.gov), the FBI at (www.fbi.gov) and the National Institute for Occupational Safety and Health (www.cdc.gov/niosh).

Safety Center Incorporated offers a Workplace Violence Prevention class which includes topics such as hazardous substance exposures, mail threats, bomb threats, physical threats of violence, and other risks to help you plan and implement an effective workplace violence prevention plan. Check www.safetycenter.org or call (800) 825-7262 x 219 for more information.

Sign up now!

Workplace Violence

Date: November 19, 2010

Location: Safety Center Incorporated
3909 Bradshaw Road
Sacramento, CA 95827

Hours: 8 am to 12 pm

Fees: Member Price \$50
Non-Member Price \$65

Overview:

In every job or profession, knowing how to properly communicate with people who are angry or hostile are “life skills” that everyone needs. The ability to control and diffuse a potentially violent person or situation before it gets out of control isn’t just being professional, it could be life saving.

This interactive, high energy course focuses on a “**common sense**” approach to personal and workplace safety and developing a functional and effective “**Plan of Action**” in staying safe. Topics covered include:

- Personal Safety Plan • Survival Basics • Understanding Basic Human Needs • Violence Indicators • Trigger Events • Violence Resistance



Attend the November 4th Sacramento Regional Safety Forum for a look at how well your violence in the workplace policy holds up to the real thing!

www.safetycenter.org

California Safety Forums

Members *Only*

Sacramento Regional Safety Forum (SRSF)

October's Meeting Topic:
Safety Incentive Programs

Guest Speakers:

- **Jeff Rommel**, Senior Safety Specialist, County of Sacramento - Department of General Services
- **Stan Smith**, Vice President, C.A. Short Company
- **Erike Young**, Director, Environment, Health, and Safety, University of California, Office of the President

Date: October 7, 2010

Time: 7:30am - 9:30am

Location: 3909 Bradshaw Road, Sacramento, Ca 95827

For more information call (916) 366-7233 x 240 or e-mail Rhondalyn@safetycenter.org

Safety Forum of the Inland Empire (SAFIE)

September's Meeting Topic
Hearing Conversation

Guest Speaker:

Doug Crocker, National Sales Manager, TK Group, Inc.

Date: September 21, 2010

Time: 8:30am – 10:30am

Location: Goldie Lewis Community Center, Rancho Cucamonga, CA 91730

For more information:

Call (909) 625-9650

Email safetyforum08@safetyforuminlandempire.org, or visit www.safetyforuminlandempire.org

Welcome New Members!

Industrial Mechanical, Inc.

BBSI-San Jose

James P. Bennett Company

Member of the Month

Skanska USA Building Inc.

Inside Safety Newsletter is published monthly by
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Open Enrollment - September, October & November 2010

September 2010		Mem	Non	November 2010		Mem	Non
21	OSHA Recordkeeping Requirements	250	275	21	Confined Space Awareness (SoCA)	75	95
22	Conducting Safety Inspections	230	265	22	IVES Trainer Recertification (SoCA)	230	250
22	EPA Restoration, Repair & Painting - Spanish (SoCA)	200	200	25-26	Fed OSHA 10 for Construction	135	150
23	EPA Restoration, Repair & Painting - English (SoCA)	200	200	26	EPA Restoration, Repair & Painting - Spanish (SoCA)	200	200
23	Conducting Accident Investigations	230	265	27	EPA Restoration, Repair & Painting - English (SoCA)	200	200
23	Intro to Incident Investigation and Analysis	150	175	28-29	Fed OSHA 10 for Construction (SoCA)	135	150
24	4-Hour Defensive Driving Course	50	65	28	Competent Person Excavation	130	155
30	4-Hour Defensive Driving Course (SoCA)	50	65	29	Competent Person Fall Protection	130	155
				29	4-Hour Defensive Driving Course	50	65
1	First Aid CPR (SoCA)	55	65	2	Establishing a Successful Safety Program	230	265
1	First Aid CPR	55	65	3	Industrial Hygiene	230	265
4-5	Fed OSHA 10 for General Industry	175	185	4	Selling Safety	230	265
4-7	First Aid/CPR/AED Instructor	425	480	4	Competent Person Fall Protection (SoCA)	130	155
4-8	Loader Group Trainer	1,450	1,500	9	Competent Person Excavation (SoCA)	130	155
8	First Aid/CPR	55	65	9	Temporary Traffic Control & Flagging	75	95
11-12	2-Day Express Counterbalanced Forklift Trainer Certification	945	995	10	Scaffold User Hazard Awareness (SoCA)	130	155
11-12	4-Hour Defensive Driving Instructor Course	310	365	15-18	4-Day Premium Forklift Trainer Certification	1,200	1,250
13	Rough Terrain Upgrade	445	495	16	CSMS Exam	395	445
13	1-Day Disaster Preparedness	150	175	16	Controlling Risk (SoCA)	230	265
14	Cal OSHA 8 Commercial Construction	100	150	16	Competent Person Excavation	130	155
14	Temporary Traffic Control & Flagging (SoCA)	75	95	17	Making Safety Performance Matter (SoCA)	230	265
14	Wilderness First Aid	75	90	18	Solving Safety Problems (SoCA)	230	265
18-21	4-Day Premium Forklift Trainer Cert. (SoCA)	1,200	1,250	18	Confined Space Awareness	75	95
19-21	Training Programs and Presentations	690	825	19	4-Hour Defensive Driving Course	50	65
20	Cal OSHA 8 Commercial Construction (SoCa)	100	150	19	IVES Trainer Recertification	230	250
20	Confined Space Awareness TTT	325	375	19	Workplace Violence	50	65
				30-12/2	Confined Space Entry Rescue	450	525

Please visit our website www.safetycenter.org for updates and course descriptions

All courses are held at Safety Center's Sacramento Campus, 3909 Bradshaw Road, Sacramento, CA 95827 except those noted with "(SoCA)" for Southern California courses. Please contact Gayleen Grigoreas, (909) 625-9650, to enroll in Southern California courses.